



SAFETY @ THE MOUNTAIN



SKI PATROL

HOW TO CONTACT SKI PATROL!

603.737.4300 DIRECT CALL TO FIRST AID

REPORT TO ANY LIFT BASE ATTENDANT OR LIFT TOP ATTENDANT

TELL AN ADULT YOU NEED HELP! CARRY A TRAIL MAP, AND TRY TO KNOW WHICH TRAIL YOU ARE ON.

KNOW THE CODE YOU'RE RESPONSIBLE

1. Always stay in control, and be able to stop or avoid other people/objects
2. People ahead of you have the right of way
3. You must not stop where you obstruct a trail, or are not visible from above
4. Whenever starting downhill or merging into a trail, look uphill and yield to others
5. Always use devices to help prevent runaway equipment
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas
7. Prior to using any lift, you must have the knowledge and ability to load, ride, and unload safely.

LINKS... FOR SAFETY EDUCATION

- <http://www.lidsonkids.org/>
*Information on helmet safety
- <http://www.kidsonlifts.org/>
*Information on chairlift safety
- <http://www.terrainparksafety.org/>
*Information on terrain park safety
- <http://www.nsa.org/safety-programs/responsibility-code/>
*(visit this site to watch the "know the code" video on YouTube)
- <http://www.nsa.org/safety-programs/trail-signage/>
*Information on trail signage and meanings



Easiest	Intermediate	Difficult	Most Difficult	Terrain Park
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